

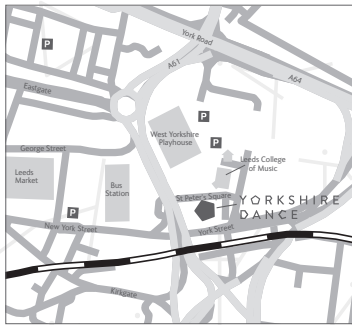
## Ability Levels

**All abilities**  
Everyone welcome

**Beginner Level**  
For those wishing to try something new

**Intermediate**  
For people with a good basic level ability wanting to try a higher level

**Advanced**  
Professional level for dance artists, students and those with advanced ability



## Finding Yorkshire Dance

Yorkshire Dance  
3 St Peter's Buildings  
St Peter's Square  
Leeds, LS9 8AH

Yorkshire Dance is situated in the cultural quarter of Leeds city centre, between the BBC and Northern Ballet building. We are 2 minutes' walk from Leeds city bus station and 15 minutes' walk from the train station.

There is limited on-street parking outside Yorkshire Dance, but there are plenty of public car parks within easy walking distance.



Registered Company No. 2319572  
England and Wales  
Registered Charity No. 701624



Supported using public funding by  
**ARTS COUNCIL  
ENGLAND**

**arts@leeds**



YORKSHIRE  
DANCE

# CLASSES & COURSES

Autumn Term 2018  
Mon 3 Sep – Sat 15 Dec



yorkshiredance.com



YORKSHIRE  
DANCE

yorkshiredance.com



Day	Time	Tutor-Led Classes	Level	Price per term	Price per class	How to book	Tutor
Mon	6.00pm - 7.00pm	Pilates	All abilities		£9 for one class £42 for six classes	mazwells@hotmail.com / 07738 353665	Miranda Wells
Mon	7.00pm - 7.45pm	Island Energy	All abilities	£45 for 10 class card + 2 free classes	£4.50 for one class £8 for both Island Fitness classes	gabycooke1993@hotmail.com / 07901 242823	Island Dance Fitness
Mon	7.45pm - 8.30pm	Island Tone	All abilities				
Mon	7.00pm - 8.00pm	Vinyasa Flow	All abilities		£7 for one class £24 for four classes	taylorsselbyyoga@gmail.com / 07722 129093	Taylor Selby
Tue	6.30pm - 7.30pm	Miishe African Dance	All Abilities	£60/£55 (early bird)	£6 for one class	nii@miishe.com	Nii Kwartey Owoo
Tue	7.30pm - 8.30pm	Bulgarian Folk Dance	Beginners		£5	ethnodance.bg@gmail.com / www.ethnodance.wix- site.com/ethnodance	Alex Ivanov
Tue	8.00pm - 9.00pm	Mazazik Arabic Dance	All abilities	10-week course £50	£6 (only available to beginners in Jan & Sep)	mazazik_uk@hotmail.com / 07950 531917	Jane Wass
Wed	5.30pm - 7.00pm	MADE	All abilities	£35	£3.50	sarahlyon@yorkshiredance.com / 0113 243 8765	Yorkshire Dance
Wed	6.00pm - 7.00pm	Dance Positive	All abilities		PWYF (Donation £5)	helen@dancepositive.com / www.dancepositive.com	Helen Brown
Wed	7.00pm - 8.00pm	Flamenco	Beginners		Contact Luisa for prices	flamencody@gmail.com / 07989340082	Luisa Galan
Wed	8.00pm - 9.30pm		Advanced				
Wed	8.00pm - 9.30pm	Aerial Hoop	Beginners & Intermediate		£13	lorna@leedsaerialarts.co.uk / 07792 081278	Lorna Mackinder
Thu	5.00pm - 6.00pm	Dance Positive	All abilities		PWYF (Donation £5)	helen@dancepositive.com / www.dancepositive.com	Helen Brown
Thu	7.00pm - 8.00pm	Indian Bollywood Dance	Beginners	£96		zoobinsurtycompany@gmail.com / 07532 109562	Zoobin Surty
Thu	7.00pm - 8.00pm	Street Dance	Beginners & Intermediate	£45	£5	katiekouchouck@hotmail.co.uk / 07794 297272	Katie K
Thu	8.00pm - 9.00pm	Samba & Body Confidence	All abilities	£70 with Leeds Samba card	£6.50	thalita.bento@gmail.com / 07592 524861	Thali Bento
Thu	8.00pm - 9.30pm	Indian Bollywood Dance	Intermediate	£96		zoobinsurtycompany@gmail.com / 07532 109562	Zoobin Surty
Sat	9.15am - 4.30am	Saturday Superstars	For young people aged 0 - 14	£56		sarahlyon@yorkshiredance.com / 0113 243 8765	Sarah Lyon
Sat	12.30pm - 1.30pm	Ballroom & Latin Course	Beginners		£5.50 in advance £6.50 on the door	paulaclarkschoolofdance@gmail.com / 07780 688623	Paula Clark
Sat	1.30pm - 2.30pm		Intermediate				
Sat	2.45pm - 3.45pm		Advanced				

## Got a question?

All classes enquiries should be directed to the relevant tutors using the contact details listed above.  
Yorkshire Dance is not responsible for ticket sales, refunds or health & safety of any classes listed except MADE.

